



**IT'S
WALKIES
TIME...***

**Take on the Paws for Prevention challenge
to raise money for Breast Cancer UK.**



The idea is for you and your dog to walk for at least 45 minutes every day for 45 days,



By walking 45 minutes a day for 45 days you will walk over a 100 miles!

Are you up for it?

Did you know, regular exercise can help reduce your risk of breast cancer by up to 30%?

**SIGN UP:
BREASTCANCERUK.ORG.UK**

**Breast
Cancer** UK